

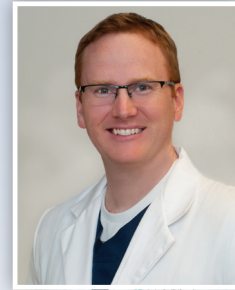
Surgical and nonsurgical treatment options for orthopedic problems

The Center for Orthopedic and Spine Surgery at Manatee Memorial offers a full range of individualized surgical and nonsurgical treatment options for orthopedic problems. The center is located on the fourth floor of the Manatee Memorial Hospital patient tower.

Staff at the Center are recognized for their expertise in providing quality care in the evaluation and treatment of many orthopedic conditions.

Orthopedic services at the Center for Orthopedic and Spine Surgery include:

- General orthopedics
- Emergency/traumatic injuries
- Knee/hip/shoulder replacement surgery
- Spine surgery
- Foot/ankle surgery
- Arthroscopic treatment
- Nonsurgical treatments
- Minimally invasive treatments
- Sports medicine
- Coordinated rehabilitation services
- Bloodless surgical practices
- Pain management
- Community, family and caregiver education



Meet Our Orthopedic Nurse Navigator

Andrew Stritzl, RN, BSN
Nurse Navigator/Patient Liaison
941.745.7417

Helpful hints

Register for the Preoperative Joint Replacement Class that is held every Monday and Wednesday at noon

If you have Preadmission Testing (PAT), the Orthopedic Nurse Navigator will meet you at 11:30 a.m. in the Outpatient Lobby to escort you and your family to the Hospital Tower Lobby in our Volunteer Shuttle.

If you are coming only for the Preoperative Joint Replacement Class, our Orthopedic Nurse Navigator will meet you in the Hospital Tower Lobby at 11:45 a.m. to escort you and others to the Orthopedic Gym for class.

The class will provide a light lunch and a tour of our hospital and orthopedic unit.

For information or to register, call 941.745.7417.

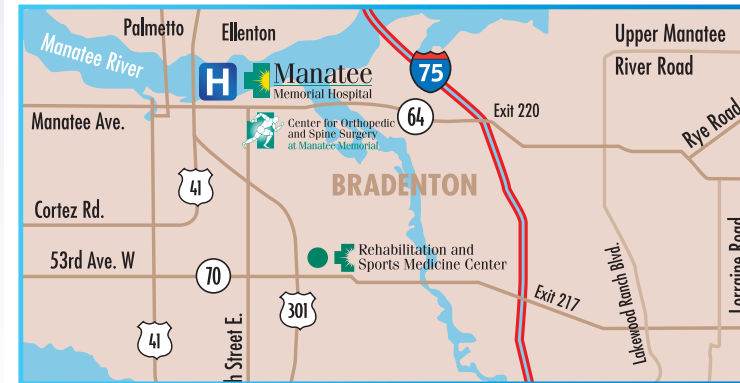


At the Center for Orthopedic and Spine Surgery at Manatee Memorial, you can rest assured...

*that smiles and hugs are free
and readily available ...*

that the staff is friendly and helpful.

*You may come in as a stranger
but you will go home as family.*



For more information about the Center for Orthopedic and Spine Surgery at Manatee Memorial, please call the Orthopedic Nurse Navigator at **941.745.7417**, or visit **manateememorial.com**.



206 Second Street East, Bradenton, FL 34208
manateememorial.com

Get social with us     

Individual results may vary. There are risks associated with any surgical procedure. Talk with your doctor about these risks to find out if MAKOplasty/Oxford Partial Knee is right for you. Physicians are on the medical staff of Manatee Memorial Hospital, but, with limited exceptions, are independent practitioners who are not employees or agents of Manatee Memorial Hospital. The hospital shall not be liable for actions or treatments provided by physicians. For language assistance, disability accommodations and the non-discrimination notice, visit our website.
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Center for Orthopedic and Spine Surgery
at Manatee Memorial

Orthopedic Services
941.745.7417



Certified for Hip and Knee Replacement

Orthopedic surgical services

Total and partial joint replacement surgeries for hip, knee and shoulder including the treatment of arthritis.

Surgery for shoulder injuries, arthritis, carpal tunnel syndrome, tendon problems, rotator cuff problems and instability problems of the shoulder

Foot and ankle surgery for conditions that include bunions, hammertoes, ankle injuries, diabetic foot disorders, ligament fractures and other trauma of the ankle, foot and leg

Spine surgery to treat degenerative and congenital spine disorders such as spinal stenosis, ruptured or herniated discs, fractures of the spine, arthritis of the spine, spinal infections and tumors of the spinal column

Treatment for traumatic orthopedic injuries, including fractures and dislocations of all joints of the body, the extremities and spine

Sports medicine to treat sports-related injuries and overuse syndromes, including rehabilitation, arthroscopic knee and shoulder surgery and anterior cruciate ligament reconstruction



Join Our Monthly Support Group

It's free and provides encouragement and education to patients and their loved ones. Come and learn from the experience of others! A variety of topics are discussed each month, including:

- Specific orthopedic surgery
- Conservative treatment and optimization before surgery
- Mechanics of procedures
- Ways to keep you on the road to recovery

Register online: manateememorial.com.

Click on Events and then Support Groups.

Or register by phone: 941.708.8100.

A unique approach to joint replacement

Patients who choose the Center for Orthopedic and Spine Surgery at Manatee Memorial for joint replacement are surrounded by an atmosphere of caring, comfort and understanding.

Joint replacement services include comprehensive postoperative rehabilitation services for patients undergoing hip replacement, shoulder replacement and knee replacement. The Center is staffed by a multidisciplinary team, including physicians, nurses, physical therapists, occupational therapists, case managers and an orthopedic nurse navigator.

Preoperative education

The staff at the Center for Orthopedic and Spine Surgery begins working with patients prior to their scheduled surgery. We recognize that family members and caregivers play a crucial role in the recovery process, so we highly encourage them to participate in the preoperative education class offered by the orthopedic nurse navigator and members of our multidisciplinary team.

The class will provide important information on how to help care for you while you are recovering from hip, knee or shoulder replacement surgery. That way, everyone knows what to expect before, during and after the procedure. *Classes are designed to address:*

- Safety precautions
- Nutrition
- Getting out of bed
- Transfer techniques (from toilet and tub)
- Weight-bearing ability
- Gait training with use of assistive devices, such as canes, walkers and reachers
- Exercise
- Stair training
- Fall prevention
- Training in activities of daily living (ADL), such as bathing, dressing, etc.
- Ensuring a safe home environment
- Potential postoperative complications
- Pain management

Patients will receive an information packet, and the orthopedic nurse navigator and the multidisciplinary team will guide and assist patients with whatever needs or questions they may have.

Our joint replacement patients are offered:

- A private room with a view
- A complimentary meal for a family member
- Cryo-cuff machine use while in the hospital
- Ice packs
- A personal freezer for ice packs
- A complete orthopedic room set-up

Back on your feet — and back to your life

Our goal is to get you back on your feet, both physically and psychologically. For that reason, we won't treat you as a "sick patient," but as one who has had elective surgery to improve their quality of life. *This means...*

- Our staff will work to help you develop and maintain a positive outlook throughout the rehabilitation process.
- Your energies will be focused on maximizing functional mobility.
- You will always play a very active role in your healthcare.
- By promoting a philosophy of motivation and empowerment, we provide a different level of care that inspires patient success.

Physical Therapy

A surgeon may recommend continuing physical therapy at home. For those who require further assistance, arrangements can be made for home health care or transition to a skilled nursing facility if necessary.

Some patients may require physical therapy on an outpatient basis after being discharged from the hospital. Patients will receive physical therapy, which can be taken at Physical Medicine at Manatee Memorial (941.745.7550) or at The Rehabilitation and Sports Medicine Center located at 5245 33rd Street East, Suite 32, in Bradenton (941.745.7559).

Comfort and convenience

The Center for Orthopedic and Spine Surgery is designed to make the patient's surgical and therapy experience as easy, pleasant and productive as possible. The facilities are laid out so that patients can walk short distances several times a day, promoting energy, strength and healing.



Certified for Hip and Knee Replacement